

**Breast Health and Beyond: A Provider’s Guide to the  
Examination and Screening of  
Women with Disabilities • 2<sup>nd</sup> Edition**

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# **COURSE OBJECTIVES**

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Upon completion of this course, participants will:

1. Have increased knowledge and receptivity regarding health care access for people with disabilities.
2. Be able to identify barriers to breast health care for women with disabilities and describe measures to increase health care access.
3. Describe exam modifications and equipment that facilitate quality breast exam and mammography.
4. Learn effective communication skills that will enhance their ability to provide services to women with disabilities.
5. Describe practical management tips and administrative procedures for offering accessible and culturally competent services.
6. Describe the importance of developing participatory clinician- client working relationships with women with disabilities.
7. Recognize the special needs and concerns of women with disabilities, including those with hidden, cognitive and intellectual disabilities.
8. Identify resources and tools for use in the clinical setting to enhance the exam experience and improve outcome.

# Acknowledgements

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Breast Health Access for Women with Disabilities (BHAWD) would like to extend a special thanks to the following reviewers who provided excellent input and expert knowledge with the development of the current edition of *Breast Health and Beyond: A Provider's Guide to the Examination and Screening of Women with Disabilities*.

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# Goals

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BHAWD's overarching goal is to promote optimal health for women with disabilities by reducing disparities in their timely access to breast health promotion and screening practices. Pursuing this goal requires not only educating this growing population about the importance of adhering to current screening guidelines, but also reducing individual and community-based health care barriers to ensure that high quality health care services are available and financially, physically, culturally and linguistically accessible. It also necessitates an increased awareness among health care providers, and promoting activities and practices that lead to meet these challenges.

BHAWD continues to strengthen itself as a health program model for women with disabilities with an emphasis in four areas: clinical services, education (provider and client), research, and public policy. BHAWD's goals illustrate these four priority areas:

- Eliminate barriers that prevent women with disabilities from obtaining timely and appropriate cancer screenings and other health promotion services;
- Develop alternative clinical care techniques and protocols;
- Conduct and participate in research projects that reduce health disparities for women with disabilities;
- Develop, implement and disseminate curricula and training to health care professionals to promote access to quality health care services;
- Identify public policy issues that facilitate changes in state and national programs affecting health care services for people with disabilities.

**[MATERIALS ORDER FORM](#)**

